

NURSING HISTORY AND PHYSICAL ASSESSMENT

Informant Initials _____ Date _____

Student _____

I. HEALTH STATUS / HEALTH PERCEPTION

1. Cause of hospitalization _____

2. Expectations of hospitalization _____

3. General health _____

4. Major concerns _____

5. Most important things you do to keep healthy _____

II. PAST HEALTH HISTORY

1. Growth and development: age () Developmental Stage/Erikson's Task:

2. Prior hospitalization(s) _____

3. Medical, surgical, trauma history _____

4. On-going treatments, therapies for above _____

5. Medications _____

6. Substance use _____

7. Allergies/reactions _____

8. Family history _____

9. Foreign travel _____

III. BIOPHYSICAL HEALTH

(Subjective Data)

(Objective Data)

Key to exploring complaints: onset, duration, characteristics, associated symptoms, factors that make it better/ worse

General appearance

1. Skin Integrity

2. Head / Neck

3. Eyes / Ears / Nose / Throat

4. Mouth / Teeth / Tongue

5. Cardiovascular

6. Chest / Pulmonary

(Subjective Data)

(Objective Data)

7. Nutrition

8. Gastrointestinal

9. Urinary

10. Musculoskeletal

11. Neurological / Mental

12. Sexuality / Reproductive Health

IV. ACTIVITIES OF DAILY LIVING

(Subjective Data)

(Objective Data)

1. Personal Hygiene

2. Activity / Exercise / Equipment Needed

3. Sleep / Rest / Comfort

4. Other

V. PSYCHOLOGICAL HEALTH

(Subjective Data)

(Objective Data)

1. Stressors/Coping Patterns

2. Self-Perception / Self-Concept

(Subjective Data)

(Objective Data)

3. Relationships with Family / Significant Others

VI. SOCIAL-CULTURAL HEALTH

(Subjective Data)

(Objective Data)

1. Occupation

Education

Cultural Background

2. Family/SO Constellation / Assistance Available

3. Environmental Factors

4. Major Language: Spoken / Written

VII. SPIRITUAL HEALTH

(Subjective Data)

(Objective Data)

1. Religious Beliefs and Practices

2. Clergy / Spiritual Advisor

3. Values / Beliefs

VIII. TEACHING / LEARNING NEEDS

(Subjective Data)

(Objective Data)

1. Questions / Concerns

2. Other
